

KNOW YOUR RIGHTS

Every family planning client has the right to:

Agency/Empowerment/Autonomy

I have the right to know my rights, and make and act on my own family planning decisions in consultation with whomever I choose, without pressure or obstacles.

Availability

I have the right to a broad choice of contraceptive methods.

Accessibility

I have a right to receive understandable information about family planning and to get the services I want which are affordable, convenient, and always available.

Acceptability

I have the right to choose a contraceptive method that suits my needs and preferences.

Quality

I have the right to respectful and safe services in a clean and comfortable setting.

Non-discrimination/Equity

I have the right to be treated fairly, without discrimination based on who I am or my circumstances.

Informed Choice

I have the right to decide whether to use family planning and what method to choose, based upon accurate and complete information (including side effects).

Privacy/Confidentiality

I have the right to receive information and services in a setting where no one can hear or observe my interactions with the provider and to expect my records/information will not be shared with anyone.

Participation

I have the right to provide input into how family planning services are offered at this facility.

Accountability

I have the right to speak up if any of my rights have not been fulfilled, and to expect that action will be taken.



Kaduna State
Primary Health Care
Development Agency



Palladium
MAKE IT POSSIBLE



WHAT TO EXPECT REGARDING YOUR RIGHTS

YOU SHOULD

- ✓ Be treated with courtesy and respect.
- ✓ Receive good clinical care and experience good interpersonal relations with staff.
- ✓ Be asked about your medical history/current medical conditions and risk of HIV/AIDS.
- ✓ Be asked about your childbearing intentions.
- ✓ Be asked about your family planning experience and preferences.
- ✓ Be provided information on a wide range of methods to make an informed choice.
- ✓ Be told of all common side-effects and any serious risks of your chosen method.
- ✓ Be told of when to return to the clinic.
- ✓ Be allowed to ask questions and should receive answers you can understand.
- ✓ Be allowed to voice concerns and provide feedback.

YOU SHOULD NOT

- ✗ Be denied care.
- ✗ Receive different quality of service than other patients.
- ✗ Receive a family planning method without your consent.
- ✗ Be pressured to accept a family planning method you do not want.
- ✗ Be denied the method you do want.
- ✗ Your information should not be shared with spouse/relative/patient/another provider, without your permission.
- ✗ Be slapped, hit or criticized or disrespected in any way.